



# WAIMAHIA INTERMEDIATE SCHOOL

## NEWSLETTER

*Kia Ora, Kia Orana, Talofa lava, Fakaalofa lahi atu, Malo e lelei, Ali'i, Malo ni, Ni sa bula vinaka, la Orana, Aloha mai e, Taloha ni, Halo Olaketa, Mauri and a warm Waimahian Greetings*

**MANA, MANAAKITANGA, MĀTAURANGA**  
**Dream Big, Aim High & Work Hard**

Newsletter #12

Thursday 18th May 2017

### **Talofa lava!**

This week has been a busy learning week as usual at Waimahia! Your tamaiti have been busy writing proposals and inquiring into their Whenua based projects. Ask your child about their whenua project. Teachers too have been busy working on their own teaching inquiries. *Rangatira* have been busy preparing for anti-bullying week next week - they will be presenting some key messages at a special Pink Shirt Day assembly on Friday 26th May.

### **Staff Farewell and Welcome!**

I would like to take this opportunity to thank Nitika Chandra for her long service at Waimahia Intermediate. Mrs Chandra is leaving us this Friday to join the staff at Takanini School. We wish Nitika well in the next chapter in her career!



Mrs Rebecca Lange will be the new teacher in the Art Room from Monday 22 May. Rebecca has been working in the school as a relief teacher and we are looking forward to having her be part of our team every day.



### **Education Review Office Visit (ERO)**

The Education Review Office (ERO) have been visiting our school this week. I would like to thank those parents who talked with the ERO team about your child's learning and how the school is catering for your child's education. I'd also like to thank the students who talked with the ERO team about learning at Waimahia. I will share with you all the findings of our review once we receive it.

### **Student Attendance**

Coming to school is very important for learning. One of our school goals is to increase the attendance rate to at least 90% for all of our students, especially our boys. In term 1, we only had 70% of our students who met this goal. Hopefully term 2 will be better.

Getting up in the morning, getting ready for school and getting here on time is also a good habit to build for life - Mātauranga in action! Student safety is important to us, so please let us know if your child is not going to be at school for any reason. If we don't hear from you, Mr Wearing in the office will ring you if your child is absent from school.



### Travelwise

The Travelwise programme aims to make students' journeys to school active, social, safe and sustainable. Regular surveys of students' mode of travel to school are an important part of monitoring the effectiveness of a Safe School Travel Plan, and the overall success of the Travelwise Programme. The survey results are also an important part of our annual Travelwise awards assessments. Students will complete a Travelwise survey next week with their classroom teacher.



### Establish Good Habits

Walking is a learned behaviour. If children are driven everywhere they will expect to be driven. The more you walk, the more likely you are to walk – to the shops, to a friend's house, to the beach. People who get into good exercise habits in childhood are more likely to grow into healthy adults.

### Health Promoting School

Fruit in Schools (FIS) encourages children to eat more fruit and vegetables and to adopt healthier lifestyles. Through this programme, the Ministry of Health is aiming for a jump-start to healthy eating and lifestyle choices by reaching children in regions of high social and health need. Students at Waimahia are provided with fresh fruit daily. Encourage your child to eat 5+ a day!



### Manaakitanga In Action

Bubblegum Dance crew will be performing at our school on Friday 19th May at 11.15am. Entry to this event is a gold coin donation. Let's support Bubblegum fundraise for their travels to the World Championships in Arizona, USA in August 2017.



### Term 2 Dates to Remember:

Monday 22nd - 26th May  
Thursday 11th May  
Tuesday 23rd May  
Friday 26<sup>th</sup> May  
Week 5

Travelwise Survey Week  
Boys Soccer Tournament  
Girls Soccer Tournament  
P!nk Shirt Day (Anti-Bullying)  
Vaiaso mo le faatauaina o le Gagana Samoa /  
Samoan Language Week  
Queen's Birthday - **SCHOOL CLOSED**  
Boys Rugby Tournament  
Girls Rugby Tournament  
WIGS on Wednesday!  
Matariki

Monday 5th June  
Friday 8th June  
Tuesday 20th June  
Wednesday 21st June  
Week 8

### **la manuia!**

Melini Fasavalu  
**Tumuaki / Principal**

**SPEAK UP**  
*Stand together*  
**STOP**  
**BULLYING**

Friday, 26 May 2017  
www.pinkshirtday.org.nz  
#pinkshirtdaynz

### **8 Habits of Healthy Kids<sup>®</sup>** Healthy kids:

- Spend at least 1 hour a day being physically active
- Spend less than 2 hours a day watching TV and playing video and computer games
- Eat at least a total of 5 fruits and vegetables everyday
- Snack on healthy foods and less junk food and sweets
- Drink or eat at least 3 low fat dairy foods a day
- Drink at least 2 glasses or bottles of water a day instead of soda
- Eat less fast food and make healthier fast food choices
- Eat smaller amounts - bigger is not better